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Inspired & Empowered Living™

Handout for Infinite Wealth
Includes Goals and Worksheets

Infinite wealth is about feeling experiencing and living the unlimited energy of your soul and Divine Essence. As you tap into this part of you, you begin to experience a new way of looking at abundance and wealth and are able to connect with the energy of infinity around your finances.

We live in an infinite Universe and there is truly an unlimited source of money when we let go of the conditioned beliefs and feelings we grew up with around money. As we let of the old energy, and tap into this sense of infinite wealth we are able to experience more of the truth of what is real. It is actually scarcity that is the illusion! But most of us have believed the lie and illusion. Learning to delayer and allow yourself to tap into the unlimitedness is the most important thing you can do for yourself.

Our money issues arise from a variety of causes such as what beliefs we learned as children, and what karma we came into this lifetime to overcome, and the challenges, the lessons, we need to learn according to our soul's plan.

So begin to ask yourself first what messages did I learn from my parents or family members around money? How was money handled? What did your parents believe about money? How did my mother feel about money? How did my father feel about money? What did I learn about money?

Begin to journal anything that occurs to you about what you learned about money.

Then ask yourself what does having money mean to you? What does a lack of money mean to you? Money is actually an energetic representation of some kind of internal feeling such as feeling safe and secure, or feeling freedom. Take a moment and experience what not having money would feel like to you. Now experience what having money feels like for you. Now experience what having infinite wealth feels like for you. Notice the differences. Journal what occurs for you.

Think about your issues around giving and receiving. Do you give too much and then not allow yourself to receive? Are you withholding? Do you need to learn to give? These issues will affect your ability to have money to receive money and to give money. Journal what occurs for you as you reflect on these issues.

Now breathe deeply and begin to imagine. What do you think you came into this lifetime to learn about money and acquiring wealth? What lessons are you learning? What lessons do you need to learn? Journal about what occurs for you.

Worksheet and Goals for Creating Infinite Wealth

Top Goals for Infinite Wealth:

You may want to do the first meditation before you start on your goals and worksheet. Journal about your experience.

Take a deep breath. Allow yourself to be guided by your soul. Feel in your heart what would be your goals for creating infinite wealth.

What is your goal for 6 months from now? How would you like your income to increase?

What is your goal a year from now? How much are you making now?

What is your goal 5 years from now? How much wealth have you acquired?

What limiting beliefs would block you from creating infinite wealth?

Now create an affirmation. If possible make it an I am statement which are the most powerful statements. I am

Are there any emotions that are affecting your state of infinite wealth?

Create an affirmation that includes how you feel about money or wealth.

What would stop you from achieving these goals? Do you have fear or resistance about being successful or being powerful? Journal anything that may have come up from these questions.

Putting all your goals together what is your vision of having more money and/or being infinite wealthy?

Journal your experience of the meditation of connecting to your future self.

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